

Resolution Project

2024 VOLUNTEER PROGRAMS CATALOG

ROMP GLOBAL

At the Range of Motion Project (ROMP), we are driven by our vision of a world in which every person with limb loss has mobility. We provide prosthetic care to access-limited people with amputation in Guatemala, Ecuador, and the United States. We value human dignity, empowerment, sustainability, and community.

We work tirelessly across our three countries of operations to provide highquality prosthetic care and rehabilitation to those who do not have access to this human right. We believe that everyone, regardless of their circumstances, should have the chance to walk, run, study, work, play—all activities that embody their mobility.

ROMP relies upon a team of passionate employees, volunteers, and partners to carry out our work each day. We invite you to be part of our movement by volunteering with us in either Guatemala or Ecuador in 2024. Serving our patients will be one of the most challenging and rewarding experiences of your professional career. Are you ready?



"Being able to communicate beyond words is a beautiful thing. Seeing their smiles and tears of joy as they took their first steps was admirable and inspiring... It was incredible to witness people who feel targeted for having a disability embrace the change and inspire others in a similar position to do the same."

> -Sarah Burd, Washington and Lee University, Class of 2024



ROMP 2024 Volunteer Programs

- 2 11 February 30 March - 7 April 24 May - 1 June
- 5 14 July 12 - 21 July 3 - 11 August
- 11 20 October
- 8 17 November
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- Clinical Clinical Innovation Only Colorado State University Clinical Clinical Clinical Clinical Clinical NEW Ecuadorian Amazon!



ROMP in Guatemala

In Guatemala, we operate a clinic in Guatemala City, and a nationwide community-based rehabilitation program

Integration of Physical and Occupational Therapy

This year, we added physical and occupational therapists to our clinical team. This ensures that every patient receives complete care through the preprosthetic, prosthetic, and post-prosthetic phases of their rehabilitation.

Decentralization via mobile and community-based programs

In 2023, we started sending a mobile clinic to the Caribbean town of Puerto Barrios, which is an easier point of access for patients from neighboring Honduras and Belize.

Fully functional workshop with machines, tools, and materials

This year we finished the construction of a dedicated workshop at our new clinic, enabling more effective prosthesis fabrication. We also put the finishing touches on tools, components, and layout at the facility.

Come see it for yourself - volunteer in Guatemala in 2024.



ROMP in Ecuador

In Ecuador, we have our primary clinic in the city of Quito and a satellite clinic in the Amazonian village of Macas

Extension of services to the Ecuadorian Amazon

In 2023, we opened a satellite clinic in the town of Macas, creating access for people in the Ecuadorian Amazon. Our Quito-based team is now making periodic trips to Macas to provide care to the indigenous communities in the area.

Delivery of ROMP's 5,000th prosthesis

Our organization reached this very exciting milestone at our Quito clinic and we have no intention of slowing down. Thousands more patients in Ecuador, Guatemala, and beyond lack access to prosthetic care, and we strive to reach them all.

Dreaming big through adaptive sports

We are taking mobility to the next level by supporting patients who aspire to become adaptive athletes. This year, six of our patients participated in the VII National Games of Adaptive Sports in Ecuador and brought home three medals!

Be part of making history in Ecuador - serve with us in 2024!

ROMP in the United States

In the United States, we operate a nationwide component recycling program and we support prosthetists treating hardship cases

Collecting components, materials, and tools

In 2023, our growing inventory has enabled our Guatemala and Ecuador clinics to utilize new and different approaches to prosthetic care. We now use sealing-ring suspension and check sockets more frequently than ever before.

Piloting a new approach to hardship case management

This year we conducted a clinical volunteer program in San Antonio in a special partnership with Bionic P&O, Baylor, and Curbell. We provided care to seven patients, and we hope to duplicate this approach in other parts of the U.S.

Help us stay supplied by donating through Components for a Cause.

SERVE IN CENTRAL AMERICA GUATEMALA

ROMP Clinical Volunteer Program

For Prosthetists, Physical Therapists, and Occupational Therapists

In our Guatemala volunteer programs, you have a special opportunity to make a difference in the lives of patients from throughout the entire country of Guatemala. You will play a crucial role in our patients' rehabilitation, taking them through casting, fabrication, and delivery during a relatively short, intense period of time. All patients receive pre-prosthetic care prior to the program, and they will receive post-prosthetic care following the program, ensuring their mobility is sustained for the long-run.

Overview and Itinerary

Each volunteer program is 10 days long. Here's a quick look at what to expect:

The first day is your travel day to Guatemala. When you arrive at the Guatemala City airport, you will be picked up by a ROMP staff member, and shuttled to the hotel in a private bus.

The next six days are the clinical week. Each day will begin with breakfast at the hotel and a short ride over to the clinic. The first two clinical days are dedicated to casting patients, modifying molds, and fabricating check sockets.

"The opportunity to practice servant leadership by volunteering is an impactful experience that has left an imprint on many current and future O&P professionals, including myself. The nonprofit is a generous opportunity for volunteers to continuously develop their professional and technical practices while being exposed to other cultures and the reality of the lack of prosthetic care in Latin American countries."

- Leslie Martinez, MSPO Northwestern University

The next four clinical days are dedicated to fitting check sockets, fabricating definitive sockets, and making definitive deliveries. Therapists will do pre- and post-prosthetic therapy with patients throughout the entire clinical week.

During the clinical week, a caterer brings in lunch each day. We take this time to eat and do brief sessions about key topics that volunteers and staff have to share with the group.

Once the clinical week has wrapped up, you will have two days to get to know Guatemala outside the clinic. We will take you around exciting Guatemala City one day, and then picturesque Antigua the next. You will have the opportunity to do some organized tourism, as well as some free time.

The final day, we will get you back to the airport on time for your return trip to the United States. If you stay in Guatemala longer, you will be on your own from this point forward.

Day 1	Arrival to Guatemala City
Days 2-3	Patient evaluations, casting, fabrication of test sockets
Day 4-7	Test fittings, fabrication of definitive sockets, deliveries
Day 8	Tour and free time in Guatemala City
Day 9	Tour and free time in Antigua
Day 10	Departure from Guatemala City



SERVE IN CENTRAL AMERICA GUATEMALA

2024 Program Dates

2 - 11 February 12 - 21 July 11 - 20 October

Cost

The program fee is \$1,800 per volunteer and includes all in-country transportation, food, shared lodging, coordination, and materials in Guatemala. Volunteers are invited to use our Classy fundraising platform to fundraise with family, friends, and colleagues. Please note: fundraising/payment must be complete one month prior to departure for Guatemala.

Accommodations and Ground Transportation

Accommodation will be a shared room at the hotel. If you require a single room, the program fee is \$2,100 and must be arranged at least one month prior to your departure for Guatemala.

All in-country ground transportation is made via private shuttle arranged by ROMP Global.



Apply online today



"My experience in Guatemala was truly life-changing. What makes ROMP exceptional is not just the impact they have on countless lives but also the dedication of their staff and volunteers who work tirelessly. Their commitment to delivering outstanding service and restoration is unmatched. I've witnessed firsthand the transformation in the lives of those who receive help from ROMP, and it's nothing short of inspiring. I am a better person, and practitioner because of ROMP!"

- Sam Keomanivane, MSPO Northwestern University

HELP FROM THE HOME FRONT

Make the Most Out of Unused Components

ROMP is a global nonprofit organization dedicated to providing prosthetic care to those without access to this service. Gently used prosthetic components have tremendous value for patients in need. We are currently accepting the following types of donations.

- Feet Liners Knees Supplies
- Modular components Entire prostheses

How You Can Help



Collect items that have accumulated in your storeroom / that are not billable, or set up a collection bin in your office. Securely box up items for shipping to ROMP headquarters. Request your free shipping label on the C4C website or by emailing C4C@rompglobal.org.

To donate prosthetic components, visit **rompglobal.org/components-for-a-cause** to request a shipping label.

"My first patient dreamed of becoming a nurse prior to her accident. After receiving her prosthesis, I told her to go be a nurse. I will always remember her smile and tears upon realizing that she would be able to achieve her dream. Without ROMP, this individual, along with many others, would not be given a second chance at living their dreams."

- Heidi Elliott, MSPO Student, Alabama State University





GET CEUs FOR YOUR SERVICE!

Now Offering Continuing Education Units

We are excited to announce that any ABC-certified prosthetist serving with us in Guatemala or Ecuador can receive eight Scientific CEUs for the clinical week! You will need to provide us with your ABC certification number, and we will file the report with ABC.



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– Ross Barker, Limb Lab Resident

SERVE IN SOUTH AMERICA ECUADOR

ROMP Clinical Volunteer Program

For Prosthetists, Physical Therapists, Occupational Therapists, Engineers, and Designers of all Levels of Experience

In our Ecuador volunteer programs, you team up with our local, partner prosthetists to serve Ecuadorians with amputation who have been deemed ready to proceed with prosthetic care. You will conduct casting, fitting, and delivery. You can be certain that they will be seen at our clinic long after you return home, ensuring continuity of care.

Overview and Itinerary

Each volunteer program is 10 days long. Here's a breakdown of the time:

Day one the goal is to get to Ecuador. A ROMP staff member will be waiting for you outside the customs area at the airport, and will shuttle you to your hotel to get some rest.

The next two days are a time to get to know Ecuador a bit. You will visit some of the iconic sights in and around Quito, including the Equator line and the Andes mountains.

The next five days are all clinical. Every morning, you will have breakfast at the hotel and then walk in a group over to the clinic. The first day in the clinic is focused on casting, modifying, and fabricating. The next four days are focused on further fabricating, fitting, and deliveries. PTs and OTs will have the chance to work with patients throughout the week on both pre- and post-prosthetic activities.

During the clinical week, we have lunch brought into the clinic. After eating, we do brief sessions about different topics related to the volunteer and staff areas of expertise.

Following the clinical week, you will have a full day to further explore the City of Quito through some planned activities and free time.

On the last day, we will shuttle you back to the airport in time to catch your flight back home. If you choose to keep going in Ecuador, you would be on your own starting then.

Day 1	Arrival to Quito.
Days 2-3	Tour in and around Quito
Day 4	Casting, modification, and fabrication
Day 5-8	Fabrication, fitting, and delivery
Day 9	Tour and free time in Quito
Day 10	Departure from Quito

ROMP's First-Ever Volunteer Program in the Ecuadorian Amazon

In 2024, ROMP will operate a special volunteer program in the Ecuadorian Amazon. The program will take place at ROMP's satellite clinic in the town of Macas, serving people from the surrounding communities. Only clinicians with five or more years of professional experience will be considered for participation in this program. The Amazon program will follow a similar itinerary to the Quito program, but will require more in-country travel and will have different cultural activities.



SERVE IN SOUTH AMERICA ECUADOR

2024 Program Dates

30 March - 7 April24 May - 1 June Only Colorado State University5 - 14 July3 - 11 August8 - 17 November - NEW Ecuadorian Amazon!

Cost

The program fee is \$1,800 per volunteer for all Quito programs, and \$2,400 for the Amazon program, and includes all in-country transportation, food, shared lodging, coordination, and materials in Ecuador. Volunteers are invited to use our Classy fundraising platform to fundraise with family, friends, and colleagues. Please note: fundraising/payment must be complete by one month prior to departure for Ecuador.

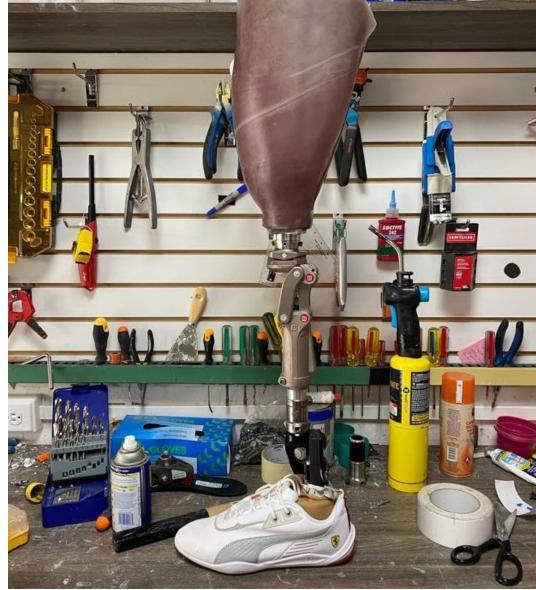
Accommodations and Ground Transportation

Accommodation will be a shared room at the hotel. If you require a single room, the program fee is \$2,100 (\$2,700 for the Amazon program) and must be arranged at least one month prior to your departure for Ecuador.

All in-country ground transportation is made via private shuttle arranged by ROMP Global.

Apply online today





"I am a firm believer in ROMP's mission to ensure access to highquality prosthetic care to improve mobility and independence for the underserved. I've learned to be more resourceful and creative by repurposing items and working with limited resources. And I've learned the true meaning of humility and gratitude."

> – Kira Donnelly, UT Southwestern MSPO Program

Enrollment is easy! Click to get started

What is the process of signing-up and preparing for a program?

Once you have selected a program, please complete the online application at this <u>link</u>. We will review your application and if you are selected, we will send you a link to Classy where you will register with a \$100 deposit, which counts towards your total program fee and formally enrolls you in the program. From that point forward you can use your Classy campaign to fundraise. You will receive a confirmation email with instructions on how to prepare for your trip. One month before your trip, you will receive an invitation to a pre-departure call during which we discuss the final details of your trip and answer any questions you might have. We will also add you into a WhatsApp group chat in which you can ask questions and keep updated as you get closer to departure.

How does my program fee work?

ROMP charges all volunteers a program fee of \$1,800 (\$2,400 for the Amazon program), which covers all in-country transportation, lodging, food, components, and operating costs.Through Classy, you can create a campaign to fundraise for the cost of your program. Invite your family, friends, and colleagues to make a tax-deductible donation through your Classy campaign or by mailing a check to ROMP at the address below. You are responsible for raising or paying the entire program fee by one month prior to departure. If you do not, you will not be included in the program. Any amount raised beyond the program fee will be donated to ROMP to help more patients.

If you chose not to fundraise via Classy, you must pay your entire program fee by one month prior to departure. You can make this payment by check to Range of Motion Project at the address below. Please make sure that all checks for your program fee list your name in the memo line.

Range of Motion Project, NFP 1474 South Acoma Street Denver, CO 80223

How do my flights for my program work?

You are responsible for purchasing your own round-trip airfare for your program. For all Guatemala programs, you should arrive to Guatemala City La Aurora International Airport (GUA) by 7:00 pm on the first day of your program, and you can leave the same airport anytime on the last day of your program. For all Ecuador programs, you should arrive to Quito Mariscal Sucre International Airport (UIO) by 11:30 pm on the first day of your program, and you can leave the same airport any time on the last day of your program, and you can leave the same airport any time on the last day of your program, and you can leave the same airport any time on the last day of your program.

What tools, materials, or components should I bring?

Volunteers are welcome to bring their own tools if they desire, but all programs are fully-equipped in-country with the necessary tools, materials, and components. Each volunteer will be asked to carry a small load of components in their luggage for use in the program. We encourage volunteers to ask the ticketing agent if the airline will waive the baggage fee for their components considering that they are for a humanitarian cause. If they do not, ROMP will reimburse volunteers for the cost of one standard checked bag. Please remember to stay within airline baggage weight restrictions as overweight bags incur a significant cost.



DETAILS

What should I pack?

Volunteers should pack comfortable, casual clothing for use in the clinical activities - scrubs and/or t-shirts are welcome, closed-toed shoes are a must. For both Ecuador and Guatemala programs, volunteers should pack clothes for both cool and warm temperatures (emphasis on heat for the Amazon program). Bring a swimsuit and flip flops, as well as an outfit to go-out in the excursion part of the trip. Volunteers should bring sunscreen, bug spray, and any medicines they need for the duration of the program. We recommend that you do not bring large amounts of cash but instead withdraw cash from ATMs in-country, as needed.

What happens if I have to cancel my trip?

In the case that you can no longer serve in the program in which you have enrolled, you should inform us via an email to <u>volunteerprograms@</u> <u>rompglobal.org</u> If you wish to change to a future program, we will send you a note of credit that counts towards that program fee. If you do not wish to serve in a future program, we can reimburse any check payment that has been made up to one month before departure date. The \$100 enrollment deposit is non-refundable. Donor contributions are nonrefundable if smaller than \$100.

What happens if ROMP has to cancel my trip?

On a few occasions over the years, ROMP has had to cancel a trip on account of major national or international issues, like the 2020 COVID pandemic and other brief moments of political instability. If your program is canceled for any reason, we will issue you a note of credit for all of the funds you have paid/fundraised up to that point in time, which can be used on any future program. If you do not wish to serve in a future program, we can reimburse any check payment that has been made up to one month before departure date. We always encourage volunteers to purchase flights that can be rescheduled if there is some unforeseen change in plans.





"Learning from your fellow volunteers, experiencing the beautiful views, and having your humility restored to you, while you restore mobility to your patients are some of the things that I will never forget about this experience. This trip combined my love of nature and my passion for prosthetics and orthotics and helped to reaffirm my desire to open my own clinic."

- Adesua Ojeifoh, MSPO Kennesaw State University Class of 2023



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ROMP GUATEMALA

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ROMP ECUADOR

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LET'S KEEP IN TOUCH

rompglobal.org

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